

## KRAFTMAGNET GYM

### Internal Rules

With their voluntary presence, every visitor agrees to abide by the listed Internal Rules.

#### 1. General conditions

1.1 It is recommended that every participant signs in for a training course in advance on our web page [www.powwow.bg](http://www.powwow.bg)

1.2 When attending the fitness or joining a specific sport training, the club member must check himself in on the presence terminal.

1.3 Companions and not training people are not allowed in the sports center.

1.4 Every participant should read and sign the Liability Waiver Form (LWF).

1.5 Participants must be at least 18 years of age, otherwise, a parent/guardian must be present to sign the Liability Waiver Form (LWF). Children, under 14 years of age, are not allowed to train without a parent/guardian, if the workout is not especially intended for children.

1.6 Consumption of food is not allowed on the territory of the gym.

1.7 Visitors, who are under influence (alcohol, illegal drugs) are not allowed.

1.8 Visitors are obliged to protect the property of the sports center. In case of damaged property, a report, describing the damage and the cost, is issued. All cost, for repairing the damage, are borne by the perpetrator.

1.9 Visitors who:

- do not abide by the Internal Rules
- do not keep basic hygiene level (maintain good personal hygiene, proper trash disposing, other)
- do not protect the property of the sports center
- disturb the training process of the other participants

shall be asked to leave. Repeated violations will lead to membership cancellation, and the perpetrator will not be allowed to visit Kraftmagnet gym.

#### 2. Dressing rooms and Showers

2.1 Dressing rooms are two types: individual – they can be locked from the inside, and the whole space is left for private use, group – two separated rooms for men and female. When leaving the dressing room, visitors are obliged to take all their belongings. There are lockers available for clothing and personal items.

2.2 Lockers are only available for use during the duration of the training.

2.3 It is recommended that dressing rooms and showers are used for their intended purposes (not a place for make-up, or talking on the phone, for example), and the comfort of other visitors is not disturbed.

2.4 In case of damage, or other problem, please contact the fitness instructor for assistance. The sports center may seek financial compensation for incurred damages.

2.5 Kraftmagnet gym is not to be held responsible for lost, or damaged items.

### 3. Gym and fighting room

3.1 All sports participants are obliged to wear appropriate sports clothing and clean training footwear.

3.2 Participants have to use personal towels while exercising on the benches, and during a training as a whole.

3.3 It is recommended that participants have and use their personal training equipment (for example, boxing gloves, yoga mats, protectors, other)

3.4 All participants have to adhere to instructions from the fitness instructor, and/or the coach and to follow the instructions for proper use of the sports equipment.

3.5 Training machines must not be moved without the explicit permission of the fitness instructor/coach. Training participants are obliged to return all sports equipment back to the designated/appropriate places.

### 4. Club membership

4.1 Club membership's duration is for a period of time, and allows any member to use the entire sports facility and equipment.

4.2 The club membership is individual and cannot be given to another person.

4.3 The sports center does not provide financial redemption in case of a premature termination (either voluntary, or involuntary) of the club membership.